



Surviving While Studying:

2023 Workers and Learners Research

May 2024

ABOUT THE DATA

159 surveys collected by 35 UCLA undergraduate students participating in Labor Summer Research program 2023 of students who work and study at public universities or colleges in Los Angeles County. This PDF includes the data runs (frequencies/percentages) of all the survey questions. See the website for an analysis of key findings and recommendations:

bit.ly/l srp2023site

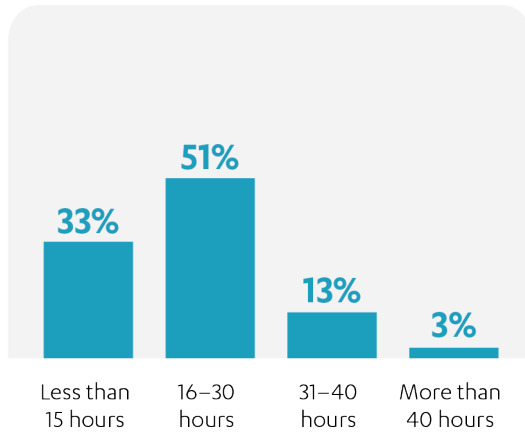
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FINDING 1: JUGGLING SCHOOL AND WORK

MANAGING WORK HOURS

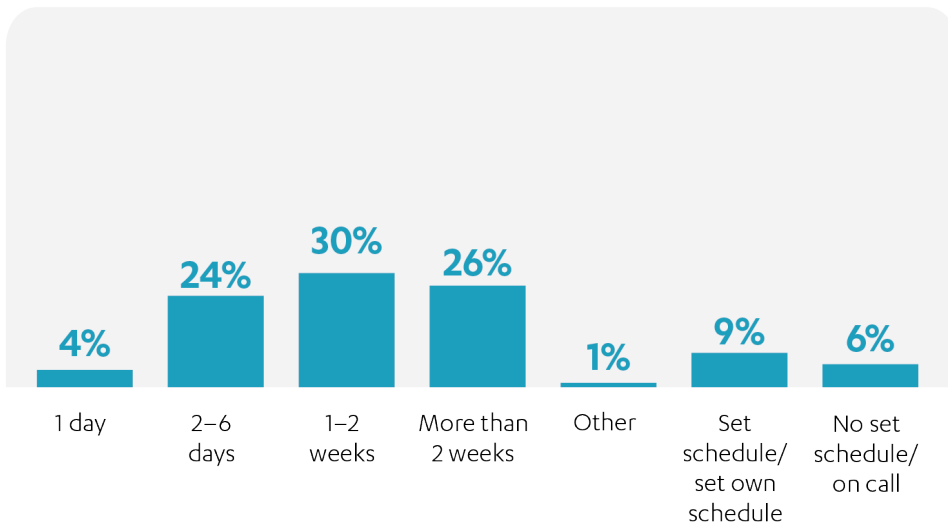
Hours Worked Per Week



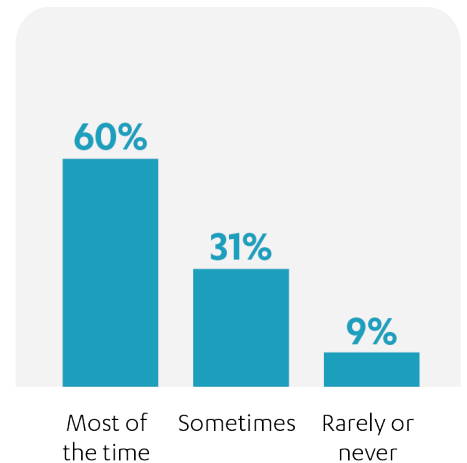
Hours Vary Week by Week



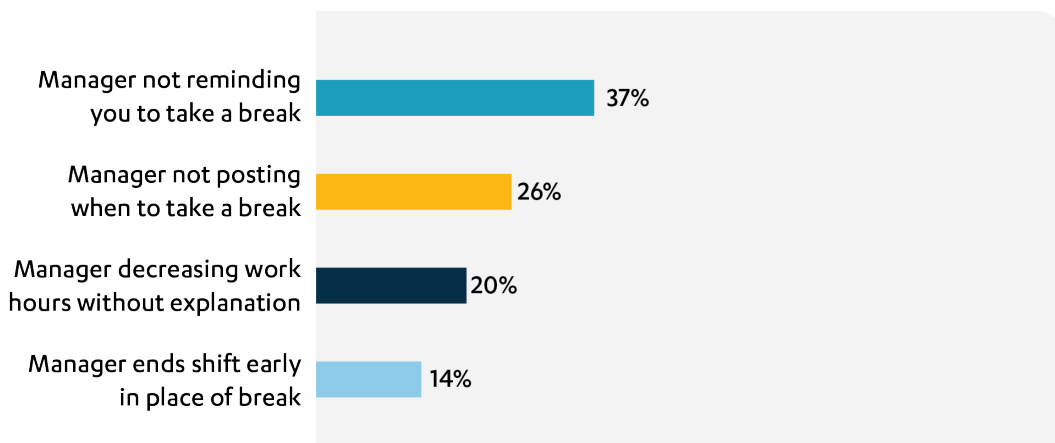
Advanced Notice of Work Schedule



Frequency Getting Requested Hours from Employer



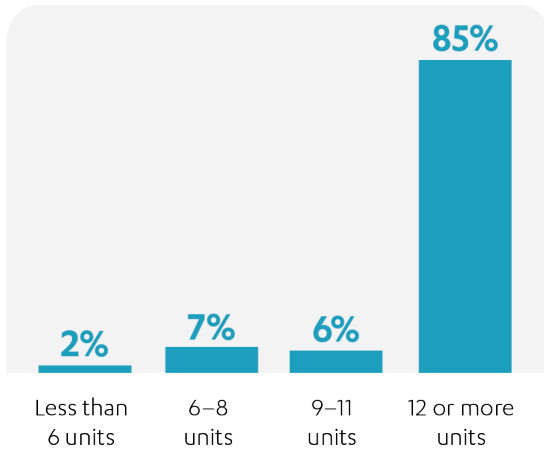
Workplace Issues Experienced



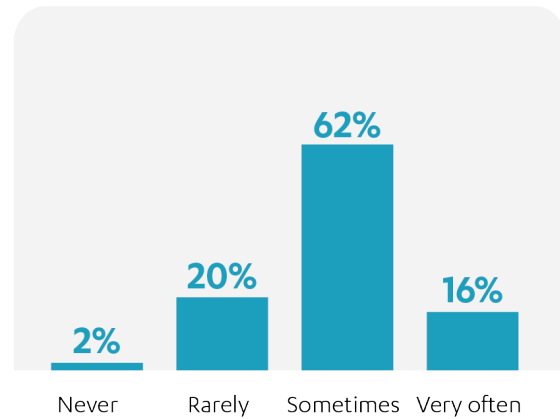
FINDING 1: JUGGLING SCHOOL AND WORK

ACADEMIC AND PERSONAL IMPACTS

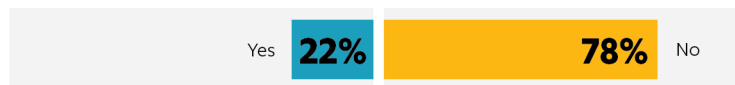
Number of Units Taken During Last Term



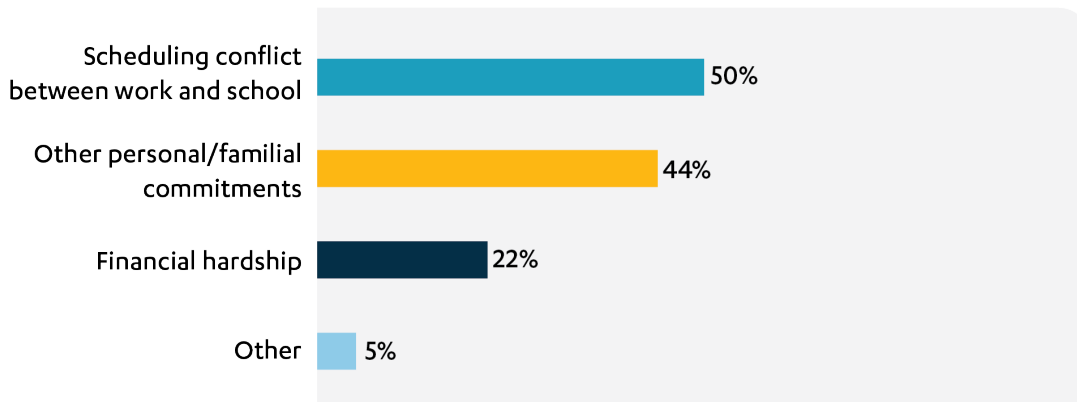
Frequency of Time Outside Work/School for Themselves



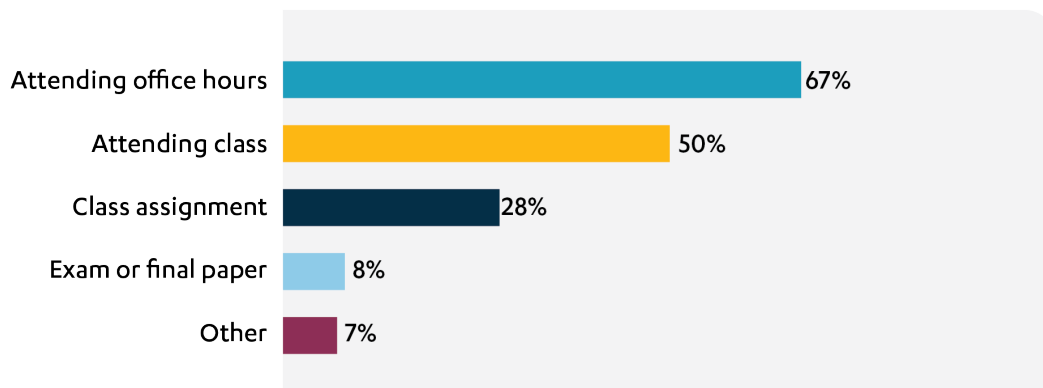
Reduced the Number of Classes/Units Because of Hours Working



Factors that Impacted Ability to Take or Finish a Class



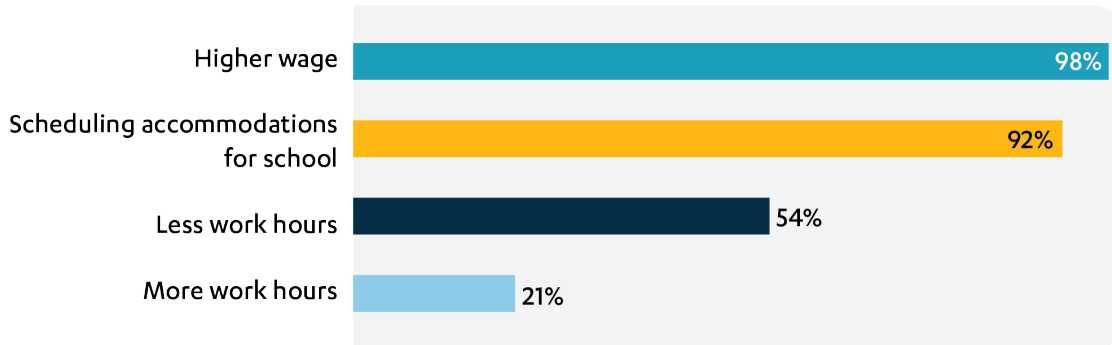
Missed One of the Following Due to a Work Responsibility



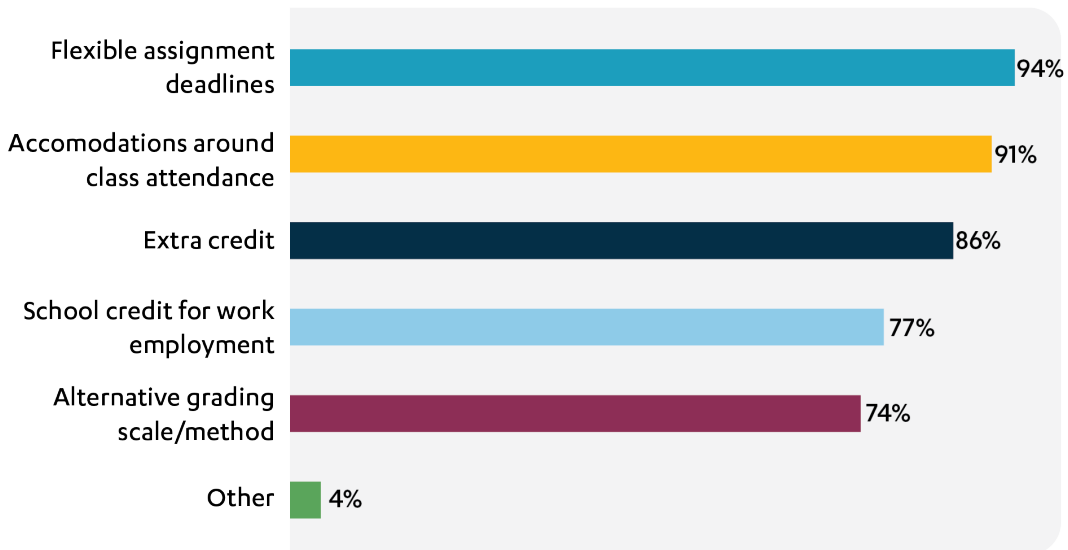
FINDING 1: JUGGLING SCHOOL AND WORK

SUPPORT NEEDED

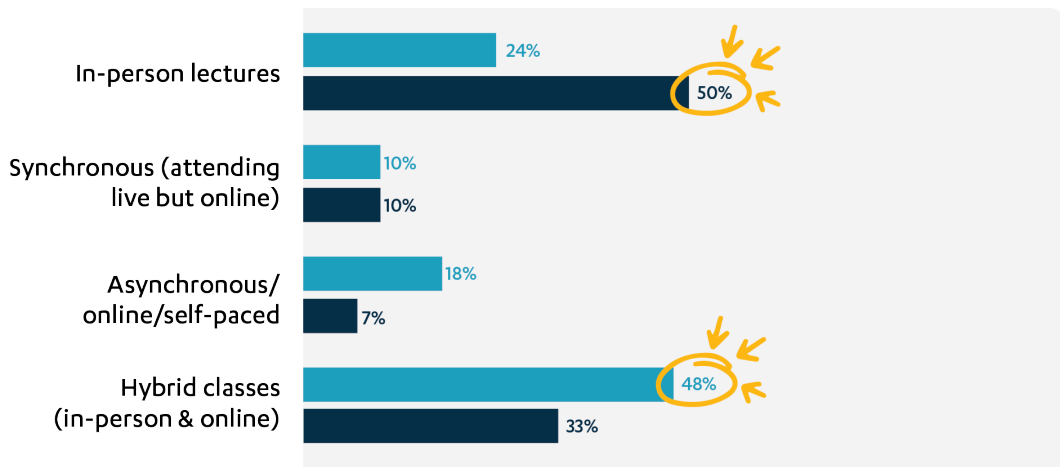
Things That Could Alleviate Stress with Working and Learning



Support from Professors or Employers Needed



Preferred Instructional Options



■ Based on current schedule
■ If scheduling was not a concern

FINDING 2: BEING A STUDENT IS COSTLY

HOUSING

Primary Factor for Choosing Housing



58%
Cost



27%
Location

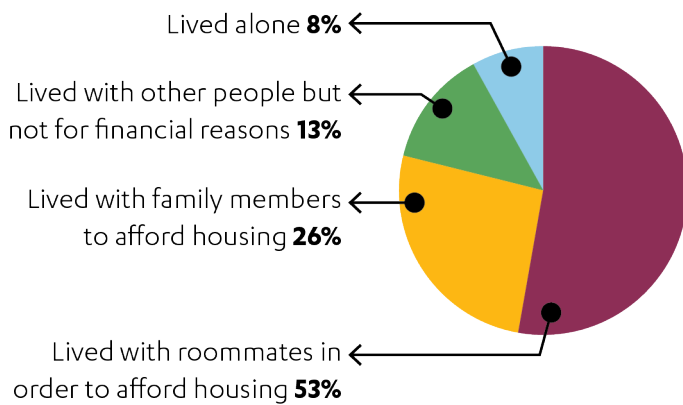


9%
Amenities

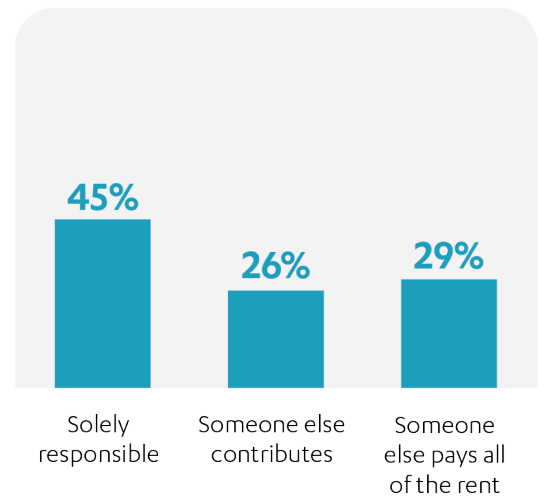


6%
Other

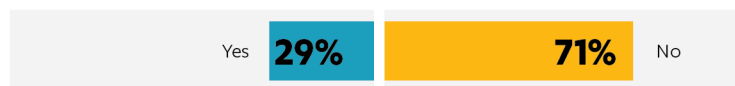
Living Situation



Rent Contribution



Late or Unable to Pay Rent



Housing Insecure



FINDING 2: BEING A STUDENT IS COSTLY

EXPENSES/FINANCIAL AID

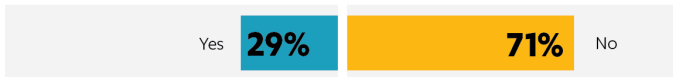
Receives Financial Aid



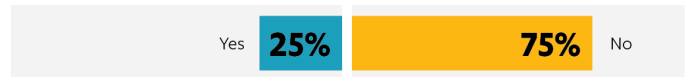
Received Additional Financial Support from Family, Partners, or Friends for Expenses



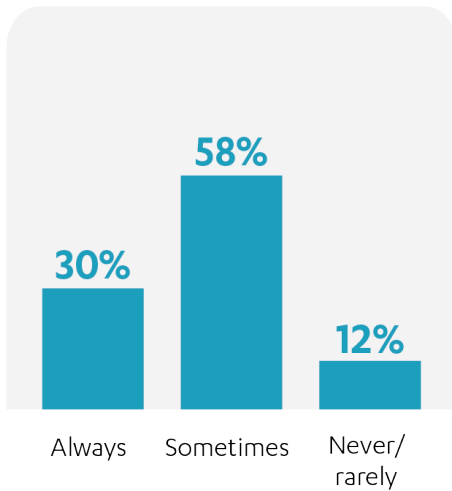
Forego Spending on Essential Needs, i.e. medicine, utilities



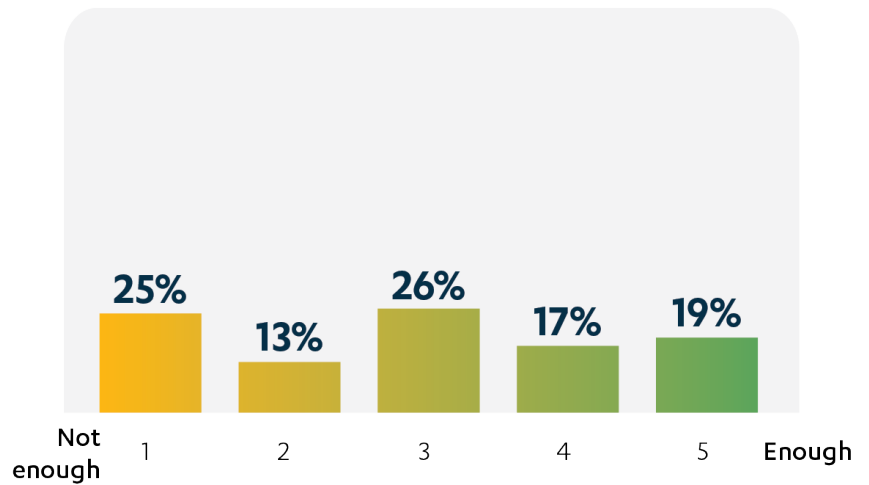
Took Out Student Loans to Pay for College or Other Living Expenses



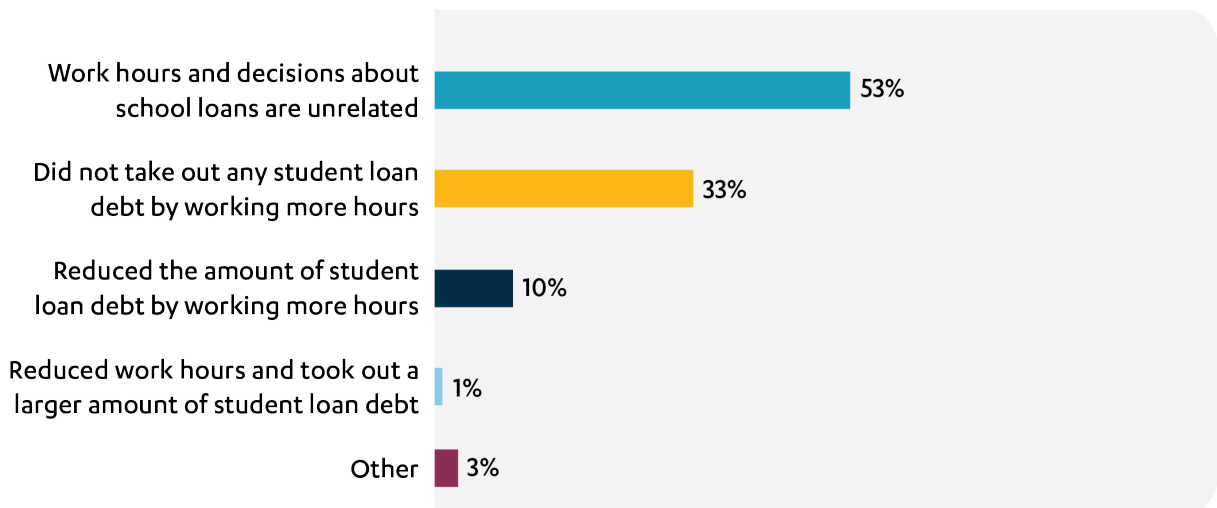
Frequency of Eating Nutritious Balanced Meals During the Week



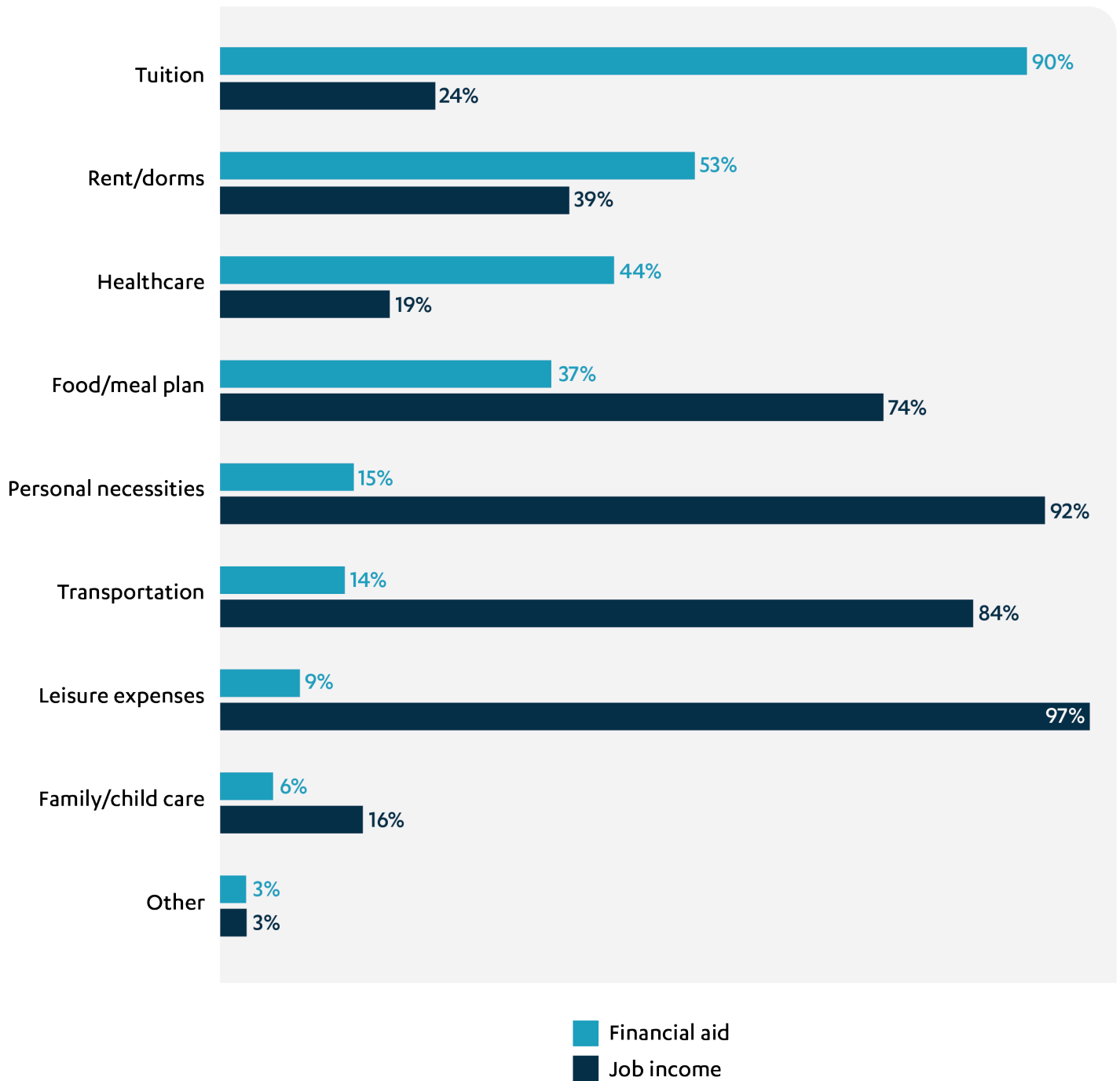
Whether Financial Aid is Enough to Meet Needs or Not



Connection Between Work Hours and Decisions About Student Loan Debt



Expenses Paid with Financial Aid or Job Income



FINDING 3: MISSED OPPORTUNITIES

LIVE-WORK PROXIMITY

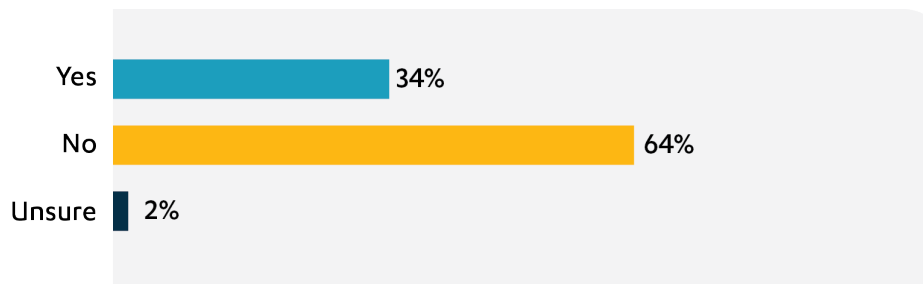
Live on Campus



Work On or Off Campus



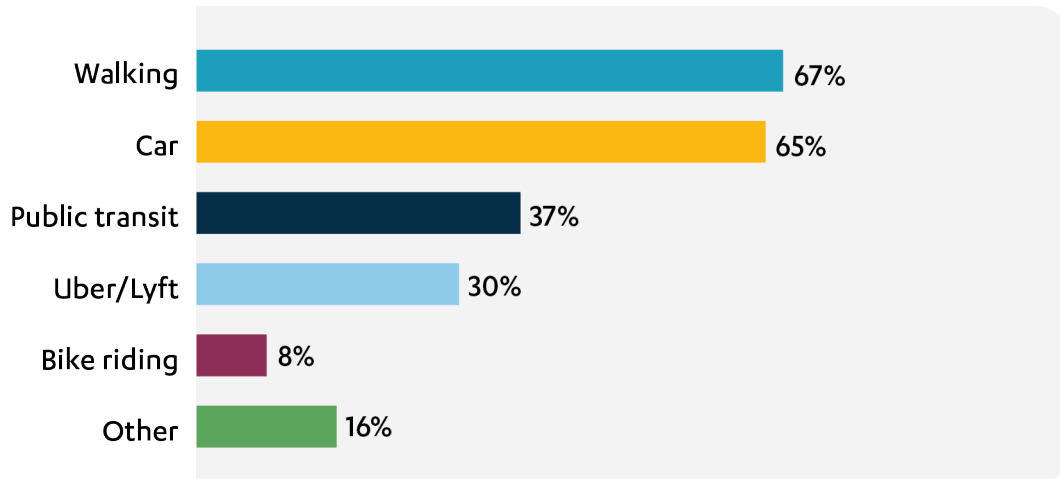
Receive Work-Study Aid



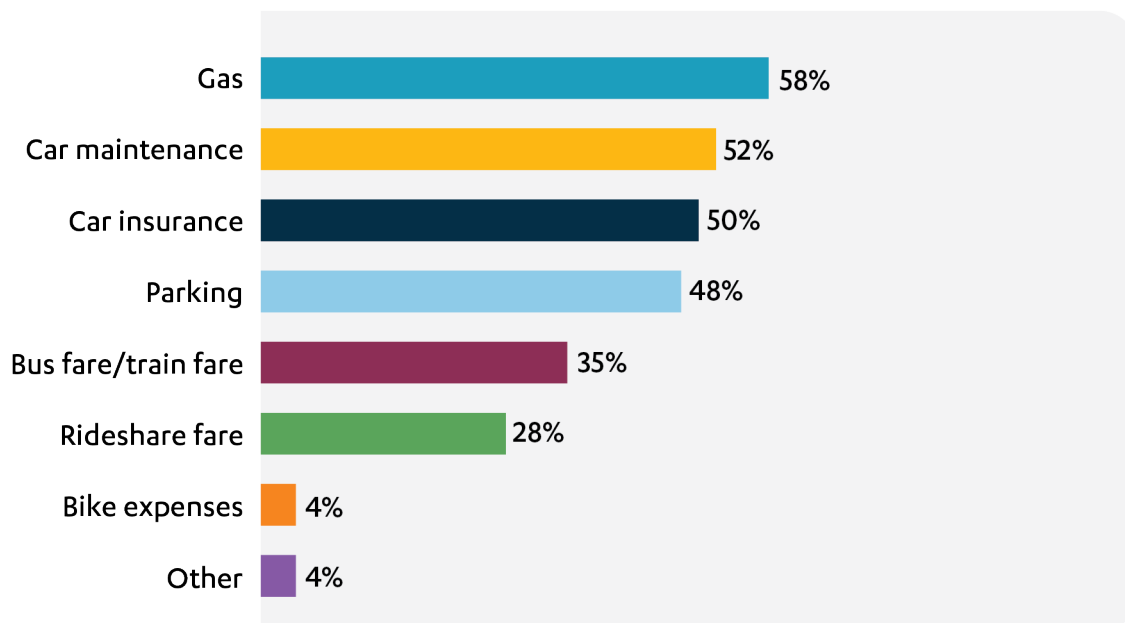
FINDING 3: MISSED OPPORTUNITIES

COMMUTE

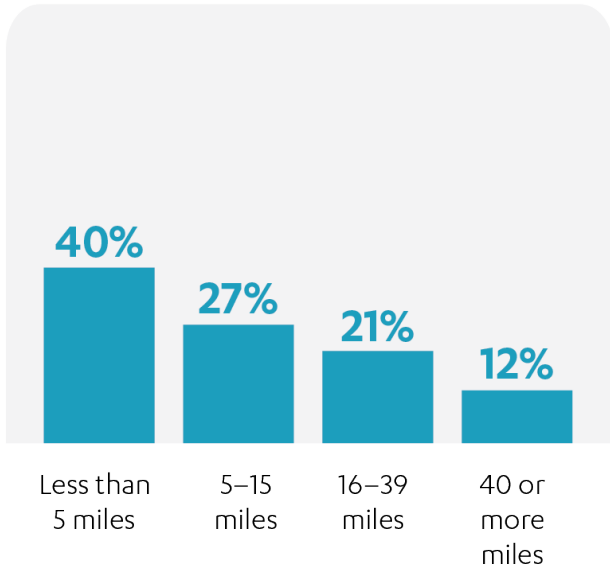
Modes of Transportation to Get to School and Work



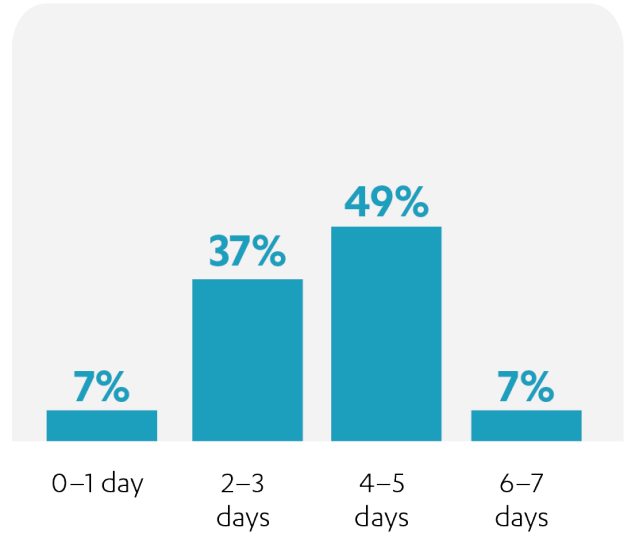
Commuting Expenses



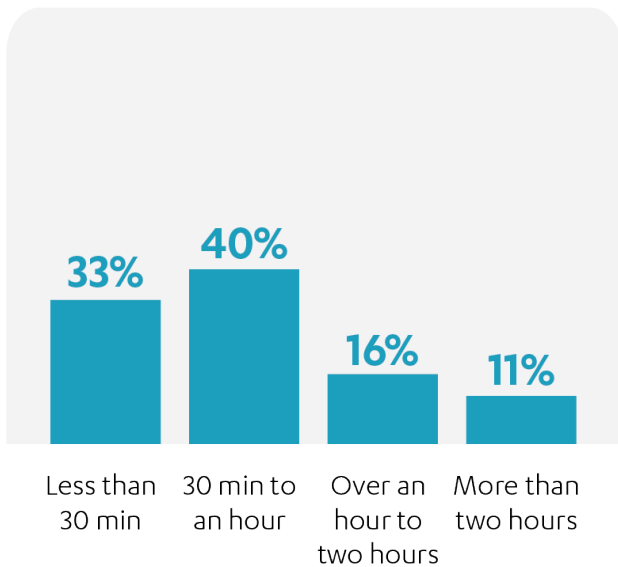
**Average Commuting Distance
Between School, Work, and Home**



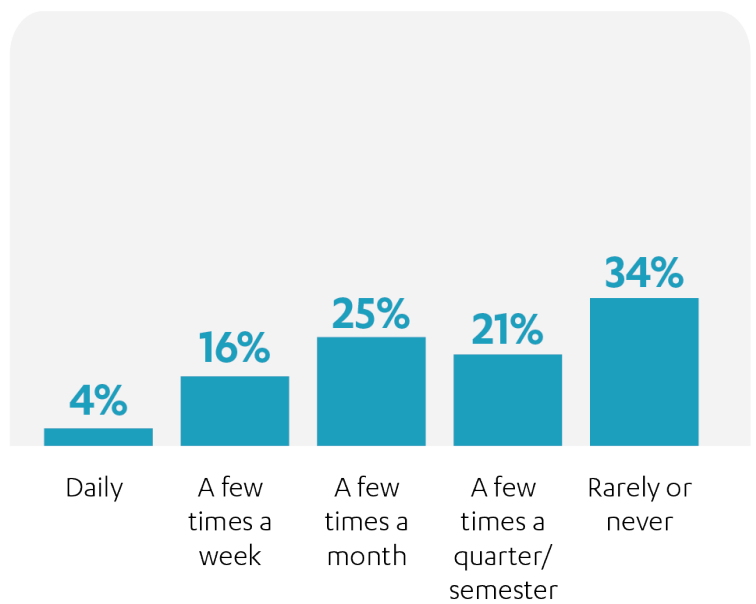
**Average Number of Days
Commuting to Campus**



Average Time Commuting



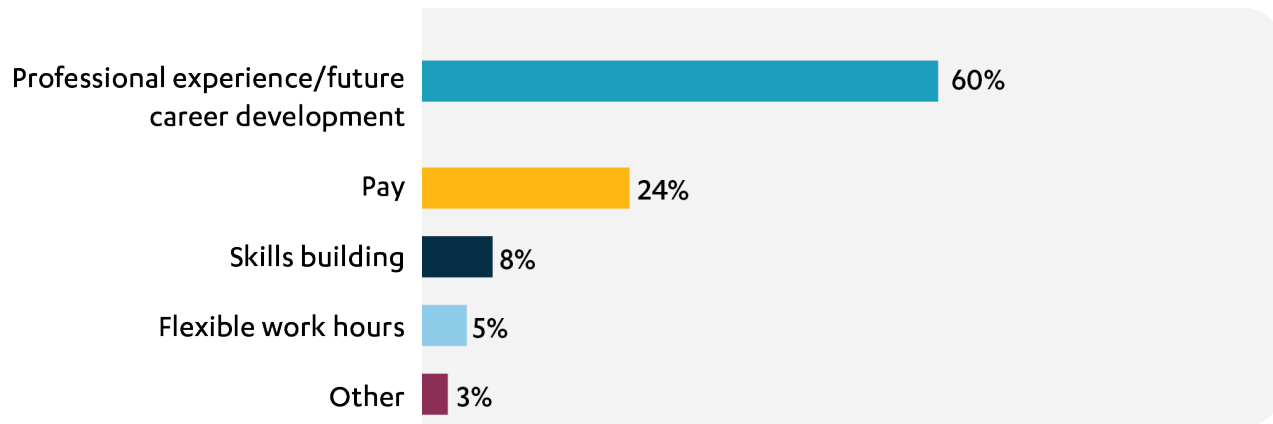
**Frequency Being Late to Class or
Work Due to Commute**



FINDING 3: MISSED OPPORTUNITIES

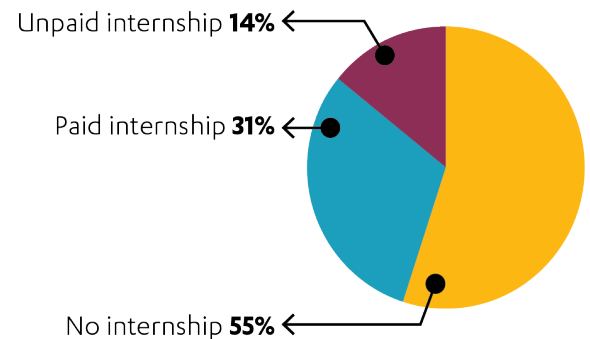
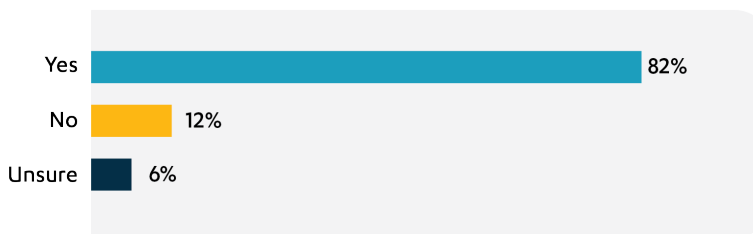
INTERNSHIPS

Primary Factor that Influences Type of Internship Wanted

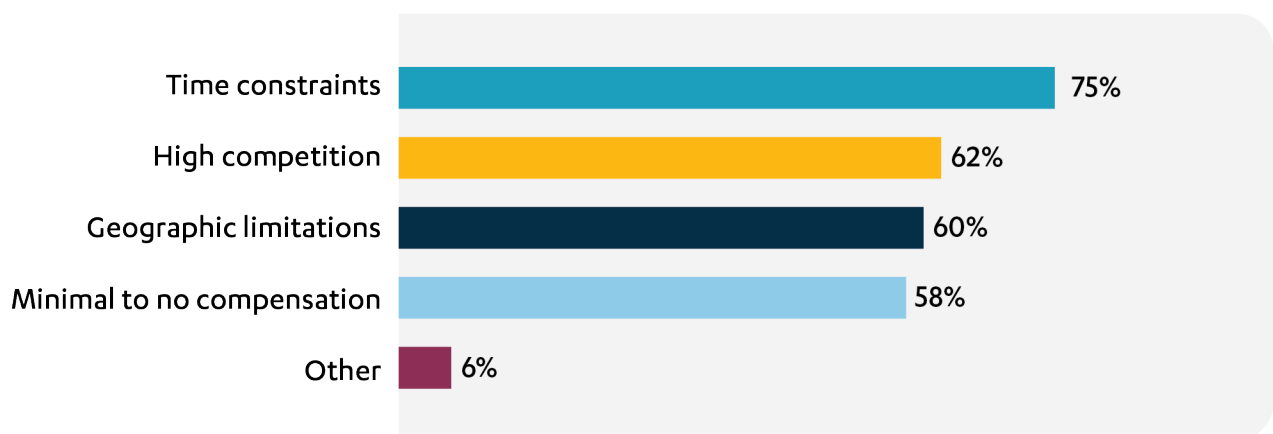


Access to Internships

University/College Shared Internship Opportunities



Challenges in Pursuing Internships



ABOUT THE SAMPLE

College Attending by Type

	%
University of California	69
California State University	8
California Community College	23

College Majors

	%
Social Sciences (sociology, psychology, ethnic studies, etc.)	56
STEM (engineering, biology, computer science, etc.)	24
Humanities (English, Spanish, history, philosophy, etc.)	16
Education	9
Health (nursing, physical therapy, etc.)	8
Visual and Performing Arts (film, cinema, music, etc.)	8
Business, Finances, Communications, Economics	5

Number of Majors Students Have

	%
1	78
2	18
3	4

First Generation College Student

	%
Yes	58
No	42

Transfer Student

	%
Yes	31
No	69

Type of Work

	%
Education /Schools	32
Food service/Restaurants	15
Retail/Grocery	10
Healthcare	6
Government/Non-profit	6
Fitness	5
Hotels/Hospitality	4
Arts/Entertainment	4
Finance/Insurance/Real Estate/Law	4
Technology Services	3
Transportation/Delivery/Warehouses	3
Other	8

Previous Year Personal Income

	%
\$1 to \$15,000	70
\$15,001 to \$30,000	26
\$30,001 to \$50,000	1
\$50,001 to \$75,000	2
More than \$75,000	1

Age

	%
19–20	26
21–22	53
23–43	21

Race/Ethnicity

	%
Latine/Hispanic	40
Asian	18
Multiracial	17
White	14
Black or African American	7
SWANA (Middle Eastern/Southwest Asian/North African)	3
Native American or Alaskan Native	1
Other	1

Gender Identity

	%
Female	68
Male	27
Non-binary, Genderqueer, Genderfluid, Trans	5

Parent/Guardian

	%
Yes	6
No	94